

Cancer Survivorship Educational Health Fair

Breakout Sessions

May 9th, 2026

9:00AM -3:00PM

10:00-10:45 AM: "Movement in survivorship: Enhancing energy, mood, and wellbeing"

Presented by Christi Katz OTD, MOT, OTR/L,CLT

Christi has been an occupational therapist for 13 years, is the Cancer Rehab Lead for PT Solutions - Wisconsin, and is the clinic manager at the Milwaukee Cancer Rehab clinic. She is a certified lymphedema therapist and holds a specialty certification in Chemotoxicity and Exercise Management from the Physiological Oncology Rehabilitation Institute, in addition to completing over 100 hours of continuing education in oncology-related topics. Christi is also a part-time Clinical Assistant Professor of Occupational Therapy at Marquette University, teaching courses in Clinical and Health Conditions, Evidence-Based Practice, and Practical Applications in Occupational Therapy.

11:00-11:45 AM: "Epigenetics After Cancer: How Everyday Habits Support Your Body's Recovery"

Presented by Rutu Ruparel, Founder of Oncera Health

Rutu Ruparel is a TEDx speaker, entrepreneur, and international award winner who translates complex health science into accessible, real-world insights. She is the founder of Oncera Health, a digital health platform that empowers patients to take control of their health through informed survivorship care. Informed by both research and personal experience, her work explores how everyday habits influence the body after treatment. She is passionate about helping survivors feel confident, supported, and equipped as they navigate the next chapter of survivorship.

1:00-1:45 PM: "The Art of Resilience: Finding Harmony in Your Journey"

Presented by Sara Skyles, LPC-IT, AT-P & Marissa Beaty, MT-BC

Sara has a master's degree in art therapy with an emphasis in counseling. Sara has experience in a large hospital setting, bringing art therapy to the infusion clinic and offering an open studio for those during and after their cancer journeys. Marissa is a board-certified music therapist with a Bachelor's degree from the University of Iowa. She has experience providing music therapy services to a variety of populations and settings, including an outpatient clinic, long-term care facilities, hospice care, schools, and a pediatric children's hospital. Together, Sara and Marissa are passionate about utilizing the power of music and art therapy to provide tools that support the process of managing symptoms, acceptance, self-care, and pain management. Come find out what music and art can do for you.

2:00-2:45 PM: "Caregivers Have Rights Too: What Family Members Should Know"

Presented by Laura Beilke, Esq.

Laura Beilke is a Staff Attorney at Triage Cancer, where she helps individuals facing cancer and other serious or chronic medical conditions navigate complex legal and financial issues related to health insurance, employment, and disability benefits. She contributes to Triage Cancer's Legal & Financial Navigation Program and develops educational resources on issues affecting the cancer community. A frequent national and regional speaker, Laura trains both patients and health care professionals, translating legal concepts into practical, accessible guidance. Laura holds a Bachelor of Arts in Neurobiology and Psychology from the University of Wisconsin-Madison and a Juris Doctor from Brooklyn Law School, and is a member of the State Bar of Wisconsin.

Venue

Brookfield Conference Center

325 S Moorland Rd., Brookfield, WI 53005

****There is ample free parking right in front of the venue**