

# Cancer Survivorship Resources

The Wisconsin Cancer Collaborative has compiled various survivorship resources aimed at helping health care providers and community partners looking to add or further incorporate cancer survivorship into their work.

## Primary Care

### *General Resources*

- [ACS Information for Health Professionals](#) – Portal made for healthcare professionals to access ACS guidelines and provider and patient education resources, including those related to survivorship care.
- [ASCO Guidelines on Survivorship Care](#) - Provides clinical guidelines about the long-term screening, surveillance, and symptom management needs of cancer survivors.
- [ASCO Provider Advice for Addressing Survivor Tobacco Use](#) - Addressing tobacco use in cancer survivors and discussing cessation and effects on health and possible future cancers. Provides links to other smoking cessation resources and further information for health professionals.
- [CDC Guides to Healthy Living](#) – Three accessible guides for people who had cancer with recommendations related to physical health, emotional health, and sexual health and intimacy.
- [CDC Information for Health Care Providers about Cancer Survivors](#) – Resources to help doctors provide care for people with cancer, including information about survivorship care plans.
- [Children's Oncology Group Resources for Pediatric Providers](#) - Selection of resources specifically tuned to issues childhood cancer survivors may need care for.
- [NCCS Toolbox for Providers](#) - Selection of resources for providers looking to facilitate dialogue with a survivor and plan patient care.

### *Trainings*

- [CDC Survivor Mental Health Education](#) - Education module for providers looking to learn how to recognize and foster conversation concerning the mental health of a survivor.
- [GW Cancer Institute Survivorship E-Learning Series](#) - Free continuing education e- learning series on cancer survivorship for primary care providers.
- [Let's Talk: Nutrition, Physical Activity, and Cancer Survivors](#) – CME-accredited training simulation for primary care providers from the CDC/ACS. Education module for providers looking to sensitively discuss topics such as body weight, exercise, and diet with cancer survivors.
- [Nutrition, Physical Activity, Body Weight, and Cancer Survivorship](#) – This informative, six-part series is appropriate for primary care and oncology healthcare providers working with cancer survivors.

# Cancer Centers Building Survivorship Care

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## *Survivorship Care Plans*

- [ASCO Survivorship Care Guidelines, Care Plans, & Resources](#) – A collection of survivorship guidelines, survivorship care plans, and survivorship resources for clinicians and healthcare professionals.
- [ASCO Treatment and Survivorship Care Plans](#) - Access to both ASCO survivorship care plans and cancer treatment plans generalizable to all cancers, as well as specific formats for lymphoma and lung, breast, prostate, and colorectal cancers. Treatment plan can be completed by the oncology team, summarizing cancer treatment and follow-up care. Survivorship plan speaks to future checkups and needs of the patient to maintain good health going forward.
- [OncoLife Survivorship Care Plan](#) - Example of survivorship care plan to be completed by a provider, or by a patient with help from their oncology team. PCPs could then use such a plan to maintain the wishes and practices of the patient and their oncology team.

## *Toolkits*

- [ASCO Guide Survivorship Care in Practice](#) - Provides keys for quality survivorship care, how to measure care, building a survivorship care plan, and advice for providers transitioning patient care.
- [George Washington University Cancer Center Survivorship Care Toolkit](#) - Aid for training health-care professionals to improve patient-centered survivorship care in their facility, state, tribe, or area.

## *Additional Resources*

- [The current status of survivorship care provision at the state level: a Wisconsin-based assessment](#) - The Wisconsin Cancer Collaborative's Assessment of survivorship care services in Wisconsin's cancer facilities.
- [Welcoming Spaces: Treating Your LGBTQ+ Patients](#) – A free LGBTQ+ Cultural Humility training designed for anyone who works in health care and specifically for clinicians treating gynecologic cancer in transgender and gender non-conforming patients and their staffs.
- [The Oncofertility Consortium](#) – This international, interdisciplinary initiative is designed to explore the reproductive future of cancer survivors and provides various resources.

# Community Partners

## Local Partners

- [A New Direction](#) - This brochure contains information on a program designed to help youth and young adult cancer survivors regain their health and well-being before, during and after cancer treatments. This program is only offered in La Crosse currently.
- [Beyond Pink Foundation](#) – Based in Madison, Wisconsin, transforming the breast cancer community through support groups, education, and survivor empowerment.
- [Cancer Recovery & Fitness Program](#) - Free personalized fitness program for cancer survivors at University of Wisconsin Eau Claire.
- [Chix 4 a Cause](#) - An organization in southeastern Wisconsin that provides “gifts of love” as ways to provide financial and emotional support to people battling cancer.
- [Coalition Against Childhood Cancer](#) – Serves the childhood cancer survivor community broadly, and has compiled the CAC2 Survivorship Toolkit to provide education and resources for childhood cancer survivors and families.
- [Cynthia's Breast Cancer Giving Circle](#) – An organization in Southeastern Wisconsin that hosts various events for cancer survivors, including cooking classes and workshops, and offers a financial assistance program to support cancer survivors in active treatment.
- [Families Fighting Hereditary Cancer](#) – An organization that spreads awareness about hereditary cancer and cancer prevention and creates a community and provides resources for cancer survivors.
- [Fe, Vida y Esperanza Cancer Foundation](#) – Provides cancer advocacy and navigation resources and guidance, support groups, transportation assistance and medical care items to the underserved cancer survivor community.
- [Gilda's Club Madison](#) - Referral flyer for free psychosocial support for the entire family both in person and virtually.
- [Greater Richland Area Cancer Elimination, Inc. \(G.R.A.C.E.\)](#) - Organization in Richland County area that helps assist cancer patients with their needs.
- [Joshua's Camp](#) - Camp in Altoona, Wisconsin for families who have a child being treated for cancer.
- [Kesem at UW-Madison](#) – Hosts three summer camp sessions per year and other fun-filled, creative programs through the year for children who have a parent with a cancer diagnosis or who have lost a parent to cancer.
- [La Crosse Area Family YMCA](#) – Offers two wellness programs specifically for cancer survivors of different age groups – [LIVESTRONG](#) and [YOUTHSTRONG](#) – as well as hosting culinary medicine workshops.
- [MACC Fund](#) – A non-profit organization that hosts support groups for childhood cancer survivors and their caregivers and raises awareness for childhood cancer research.
- [Milwaukee Consortium for Hmong Health, Inc.](#) – Serving the Hmong and Southeast Asian population in Milwaukee by providing cancer prevention resources and screening opportunities and by hosting survivorship support groups.

## Community Partners

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### *Local Partners (continued)*

- [No Stomach For Cancer](#) - Headquartered in Madison, Wisconsin and serving families around the globe, this organization helps raise awareness, advance stomach cancer education and support individuals and families affected by all forms of stomach cancer.
- [Rock County Cancer Coalition](#) - Coalition based in Rock County, Wisconsin that provides financial assistance to people in treatment.
- [SHE Thrives](#) – A nonprofit organization focused on providing tangible essentials to women going through breast cancer treatment.
- [Side Effect Support, LLC](#) – An organization that provides professional education resources for cancer patients and their oncology team with the goal of improving the oral health and overall wellbeing of those fighting cancer.
- [Team Phoenix](#) - A 14-week fitness and research program in which cancer survivors regain endurance, strength, flexibility, and overall health and wellness after cancer treatment by training for a sprint-distance triathlon.
- [Temple of Kinship](#) – A nonprofit organization that offers free-to-attend retreats designed for people navigating Metastatic Breast Cancer (MBC), and one friend.
- [Tricia's Troops](#) - A nonprofit organization that provides financial assistance, service coordination and supportive care to cancer patients throughout Southeast Wisconsin.
- [Wisconsin Inter-Tribal Pink Shawl Initiative](#) – A nonprofit organization that educates American Indian women in their communities about the importance of sound breast health through education and advocacy and provides a survivorship community for those directly affected by a breast cancer diagnosis.

### *National Partners*

- [After Breast Cancer Diagnosis](#) - ABCD provides one-to-one emotional support to anyone impacted by a breast cancer diagnosis. Services are available to anyone in the world.
- [American Cancer Society](#) - National organization that provides advocacy, research and patient support for people with cancer and their families. This section provides information about health management for cancer survivors.
- [American Cancer Society Cancer Action Network](#) - National network of volunteers seeking to impact policy change from their elected officials.
- [American Childhood Cancer Organization](#) - National organization focused on community support, information and advocacy regarding childhood and adolescent cancer.
- [American Indian Cancer Foundation](#) - National organization that addresses the needs of Native cancer survivors, caregivers, and their families.
- [American Liver Foundation](#) – National organization that promotes education, advocacy, support services and research for the prevention, treatment and cure of liver disease, including liver cancer.

## Community Partners

### *National Partners (continued)*

- [American Lung Association](#) - National organization, with a Wisconsin chapter, that has an online support community for lung cancer survivors, and other information regarding lung health.
- [Bright Spot Network](#) - National organization that serves families where a parent, or primary caregiver, of a preschool-age kid (ages 0-6 or pregnant at the time of diagnosis) has cancer from diagnosis to survivorship.
- [Breast Cancer Recovery](#) - Organization based in Madison, Wisconsin that offers retreats to women at all stages of breast cancer.
- [Cervivor](#) - National nonprofit organization that brings cervical cancer survivors together and helps to spread awareness, education, support and more.
- [George Washington Cancer Center](#) - Provides resources and cancer awareness toolkits to be shared with community and hospital system networks.
- [Imerman Angels](#) - Provides free, personalized one-on-one cancer support for cancer fighters, survivors, previvors and caregivers.
- [Blood Cancer United](#) (formerly the Leukemia & Lymphoma Society) - National organization dedicated to funding blood cancer research and providing education and patient services.
- [Lung Cancer Research Foundation](#) - National organization with support line and support materials for lung cancer patients and their caregivers.
- [National LGBT Cancer Network](#) - A national organization that provides education, training, support, and advocating for LGBT cancer survivors.
- [Susan G. Komen](#) - National organization that provides a treatment assistance program and information for people diagnosed with breast cancer, including survivorship topics.
- [Triage Cancer](#) - National organization providing free education on practical and legal issues that arise after a cancer diagnosis.
- [Young Survival Coalition](#) - Global organization dedicated to young adults diagnosed with breast cancer.
- [YMCA Survivor Exercise Program](#) - Free or low-cost exercise program for cancer survivors at various YMCAs.

## Additional Resources

- [ACS Resource Sheet for Policy Change and Survivorship Advocacy](#) - Resource for community members and advocacy groups describing the issues for cancer survivors and areas to improve the practice.
- [GWU Cancer Center National Cancer Survivorship Awareness Campaign Social Media Toolkit](#) - Advice for social media strategy to publicize June as National Cancer Survivorship Awareness Month.

*Do you have any suggestions for an additional resource or featured partner?  
Let us know at **info@wicancer.org**.*