

CAROLYN'S JOURNEY

Carolyn Rodgers was diagnosed with breast cancer in March 2022, an experience she will always remember. The support and items she received during the first months of treatment were invaluable. As Carolyn encountered more women who were either undergoing treatment for, or had survived, breast cancer, she noticed the disparity in the support they received compared to her own. Motivated by her daughter Jennifer, Carolyn was inspired to assist and uplift women in similar situations. Upon recovering from her treatment, she pledged herself to this cause offering care packages and support to those women enduring breast cancer treatment.



WAYS TO DONATE



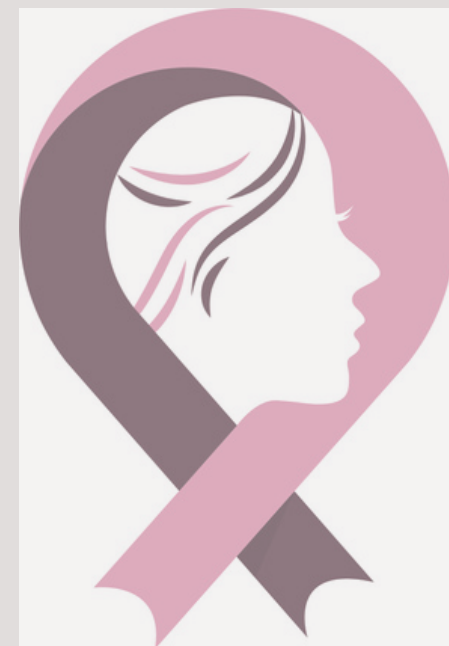
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SHE Thrives

STRENGTHENED • HEALED • EMPOWERED

WHO IS SHE THRIVES

"SHE" symbolizes Strength, Healing, and Empowerment. As women, we consistently display resilience in the face of adversity. When diagnosed with breast cancer, we not only fight the disease but also strive to assist others who are in the same battle.

SHE Thrives is an initiative that supplies "SHE Kits" at no cost to individuals undergoing breast cancer treatment. These kits are filled with essentials to aid in their journey towards strength, healing, and empowerment, useful both during and after treatment.

Our mission with SHE Thrives is to bridge the disparity in women's health by offering education, support, and raising awareness, thus empowering women to survive, thrive, and extend their lifespan. We advocate that women should pay close attention to their bodies, speak out when something feels off, and take proactive steps towards preventive healthcare.



MAMMOGRAM FACTS

- 1 in 8 women in the United States will be diagnosed with breast cancer in her lifetime. *According to the National Breast Cancer Foundation, Inc.*
- 1 in 5 Black women with breast cancer are diagnosed with triple-negative breast cancer, which is harder to treat. *National Breast Cancer Foundation, Inc.*
- On average, every 2 minutes a woman is diagnosed with breast cancer in the United States.
- Regular mammograms can help find breast cancer at an early stage, when treatment is most likely to be successful. A mammogram can often find breast changes that could be cancer before physical symptoms develop. *ACS, cancer.org*
- Regardless of their ethnicity, race, or individual breast cancer risk, all women should prioritize screening mammography. Alongside follow-up checks and subsequent treatment if diagnosed, mammography can dramatically reduce the death rate from breast cancer.
- Visit cancer.org/breastcancer for more breast cancer information and support.

RESOURCES

American Cancer Society has research, education, and patient service programs to help cancer patients and their families cope with cancer. Phone 1-800-227-2345. cancer.org

Wisconsin Well Woman Program helps women who have little or no health insurance get screening for breast and cervical cancers.

www.dhs.wisconsin.gov/wwwp

National Breast Cancer Foundation one of their top priorities is educating women on what they can do to be proactive with their breast health. Knowledge and early detection saves lives.

www.nationalbreastcancer.org/about-breast-cancer/

Sisters NetworkSisters Network® Inc. addresses the breast health needs of African American women, through its affiliate chapters, and partnerships with existing service providers. Chapters are organized by breast cancer survivors and caregivers who are committed to establishing the much needed community breast health services. wisconsin@sisternetworkinc.org