

Using a Transdisciplinary Collaboration Process to Create a Plan to Address Prostate Cancer Disparities



Tobi Cawthra¹, Robert Allen², Kyle Ashley³, Darryl Davidson⁴, Marquayla Ellison⁵, Alvin Flowers³, Ken Jacobsohn¹, Alexis Krause¹, Marques Hogans, Kevin Izard⁷, Dev Karan¹, Deepak Kilari¹, Chris Nielsen⁸, Ericka Sinclair⁹, Ambrose Wilson-Brown¹, Leonard Wilson¹⁰, Melinda Stolley¹

¹Medical College of Wisconsin, ² Zablocki VA Medical Center, ³ Milwaukee Community Member, ⁴City of Milwaukee, ⁵Ellastic Design, ⁶S&H Emerged, ⁷Palladina Health, ⁸American Cancer Society, ⁹Health Connections, ¹⁰DI Fitness

BACKGROUND:

- Wisconsin (WI) ranks highest in the US for overall cancer incidence and mortality among Black/African American (Black) individuals.
- Prostate cancer (PC) is the most frequently diagnosed cancer among men in WI and the second leading cause of cancer death.
- This region has numerous challenges including segregation, poverty, educational achievement gaps, and high Black imprisonment rates which impact PC awareness, screening, and treatment.

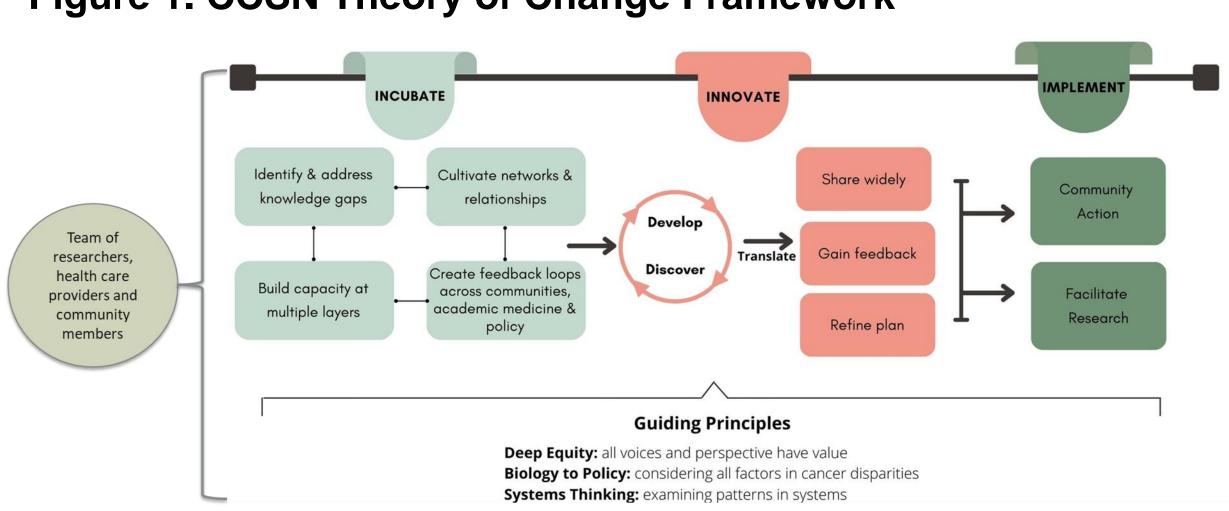
Prostate Cancer Incidence and Mortality Rates (per 100,000) in SE WI by Race/Ethnicity		
	Age-Adjusted Incidence Rate 2015-2019	Age-Adjusted Mortality Rate 2016-2020
Non-Hispanic White	58.1	7.7
Non-Hispanic Black	86.7	15.4
Hispanic	40.9	4.7

- Multiple perspectives are needed to effectively address complex problems like PC disparities,
- We brought together a transdisciplinary community-academic team to 1) develop a shared understanding of PC disparities and potential causes and 2) develop a community action and research agenda to address PC in Black men.
- The Community and Cancer Science Network (CCSN) Theory of Change Framework (Figure 1) guided this work.
- **CCSN** is a transdisciplinary network focused on addressing statewide cancer disparities through authentic and sustainable collaborations between academia and community in WI. The work is grounded in principles of **deep equity**, **systems-change**, and the **integration of biology to policy**.

We bring diverse perspectives together through a three-phase model:

- 1) Incubate co-learn among team members to build trust and knowledge, integrate diverse perspectives and create a shared vocabulary;
- 2) Innovate use learnings to develop, prototype and pilot potential solutions;
- 3) Implement execute scalable and sustainable solutions.

Figure 1. CCSN Theory of Change Framework



For more information, visit ccsnwi.org.

Funding: This effort was funded by the Greater Milwaukee Foundation, CCSN is funded by the Advancing a Healthier Wisconsin Endowment. Acknowledgment: We are grateful for the engagement and support of the Prostate Cancer Transdisciplinary Team and all who participated in discussion sessions, interviews surveys, and townhalls.

METHODS

- Team met every other week for 16-months.
- Meetings were facilitated through the first two stages of the CCSN process (Figure 1):
- 1) <u>Incubate</u>: co-learning about the multi-factorial causes of PC disparities by reviewing data, engaging experts, and seeking input from researchers, health care providers and community members;
- 2) <u>Innovate</u>: using this information, the team a) considered potential solutions to create a draft plan, b) sought feedback to ensure the draft plan met the needs of diverse audiences and c) refined the solutions.

NCUBATE

- Reviewed available literature and data
- Developed a root causes analysis of disparities
- Conducted surveys, interviews and discussion sessions with researchers, healthcare providers, and community members (n=98)
- Invited presentations by relevant experts and survivors
- Engaged in robust, facilitated discussions

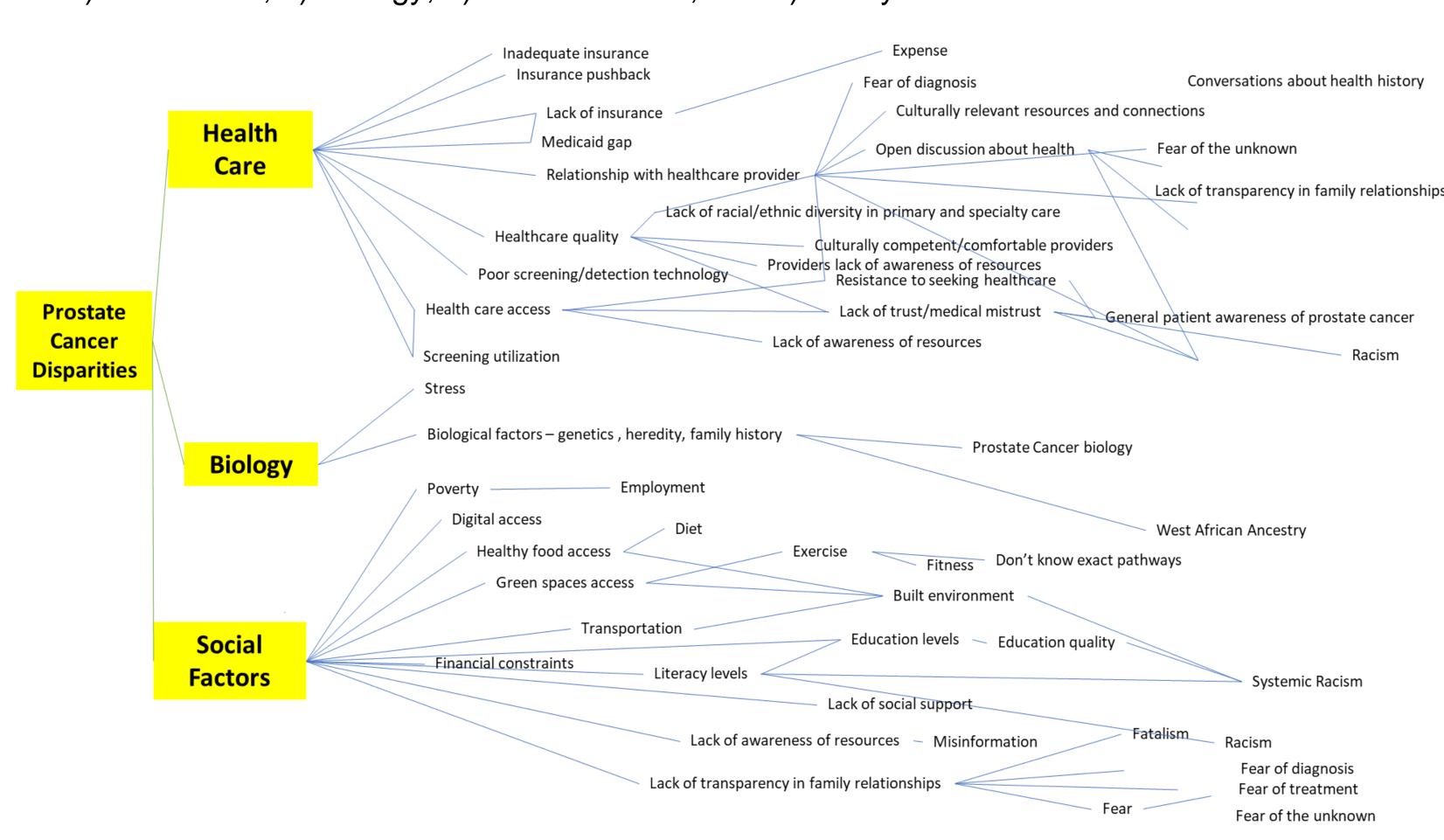
INNOVATE

- Analyzed data collected in Incubate Phase
- Reflected on opportunities to address the issues outlined in the root cause analysis
- Drafted potential solutions and assessed for fit and feasibility
- Conducted town halls with community members and researchers (n=70) to gain feedback on draft plan
- Refined plan and considered next steps

RESULTS

A. Sample Root Cause Analysis: Prostate Cancer Disparities

- The team engaged in a facilitated "5-Whys" process to explore the root causes of disparities.
- Causes were linked and grouped into 4 primary themes:
- 1) Healthcare; 2) Biology; 3) Social Factors, and 4) Policy



B. Surveys, Interviews, discussion sessions: groups and themes

- Genetic risk & screening -Lack of diverse study cohorts - Impact of social environment on risk

-Mistrust
-Limited time with physician
-Unclear screening guidelines
-Limited support during diagnosis and treatment

Community Member

Themes (N= 63)

Health Care Provider Themes (N= 13)

- Screening concerns (controversial; conflicting changing guidelines)

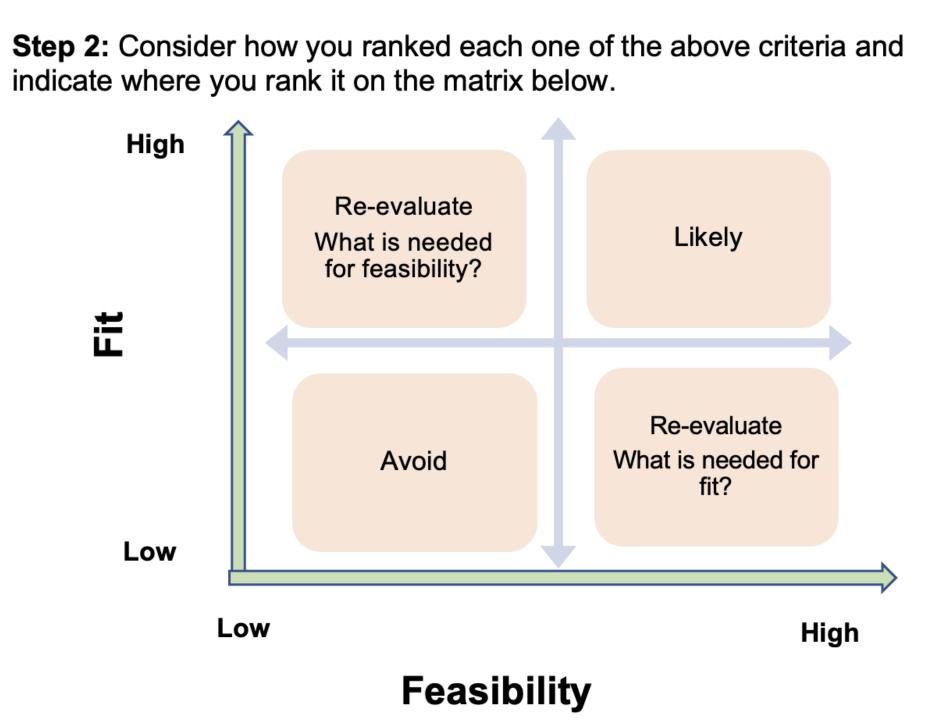
- Communication barriers (health literacy, lack of tools, time)

-Mistrust

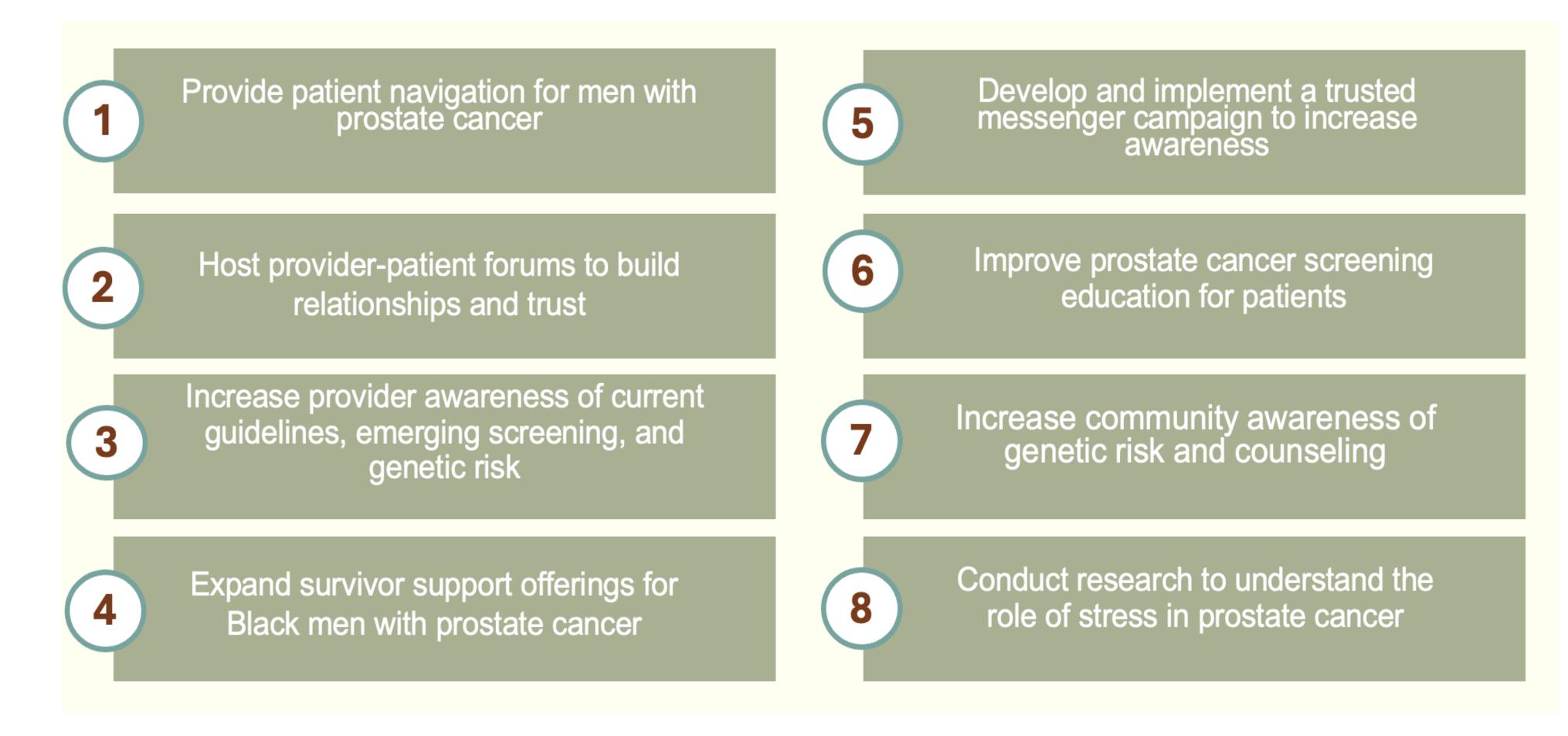
- Patient resistance to screening

C. Assessing Potential solutions

The team brainstormed possible solutions and then assessed solutions for fit and feasibility.



D. Recommendations



⇒ Absolutely

Discussion and Future Efforts:

- The CCSN transdisciplinary process enabled the successful creation of a community-academic informed action plan to address prostate cancer disparities in Milwaukee.
- Subsets of this team have continued to work together to develop funding proposals to implement solutions including patient navigation, trusted messenger campaign, and patient-provider forums.
- The Medical College of Wisconsin Community Outreach and Engagement team is using this work to inform their strategic plan related to prostate cancer.