

# Breakout Session B | Wisconsin's Efforts to Reduce Youth Vaping

11:00-12:00

# **SPEAKERS**



Charmaine Swan
Coordinator Northwest
Wisconsin Lung Health
Alliance



Prevention Coordinator for the Wisconsin Hispanic/Latinx
Tobacco Prevention Network





# **VAPING PREVENTION & INTERVENTION**

A Community Approach to Ending the Vaping Epidemic



#### **E-Cigarettes**

Electronic smoking devices, or "vapes," come in many shapes and sizes, and their use has skyrocketed among Wisconsin youth.





## **Little Cigars and Cigarillos**

Shredded tobacco tightly rolled in tobacco paper or leaves, cigars, little cigars, and cigarillos come in different sizes and flavors.

#### **Smokeless Tobacco**

Smokeless products like dip, snus, and chew aren't safe. They still contain nicotine and other dangerous, cancer-causing chemicals.



THE ORIGINAL

NICOTINE TOOTHPICK

WARNING:

This product contains nicotine.

MINUSA



# Teen cigarette-use declines as vaping gains popularity

High school students who use cigarettes and e-cigarettes.

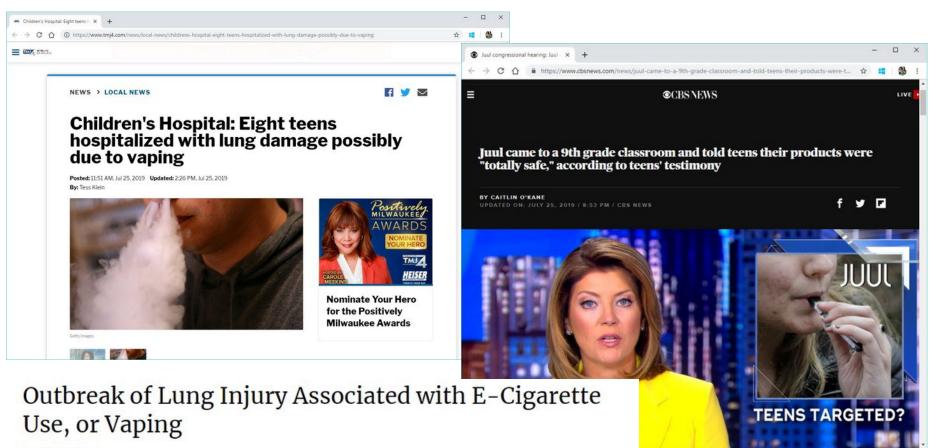
— Cigarettes — E-cigarettes 30% 27.5% 20 5.8%

Source: National Youth Tobacco Survey



2019





Español (Spanish)

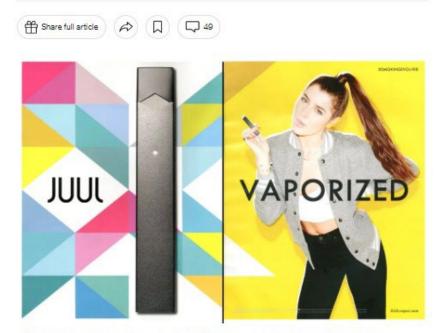


CDC, the U.S. Food and Drug Administration (FDA), state and local health departments, and other clinical and public health partners are investigating a multistate outbreak of lung injury associated with use of e-cigarette, or vaping, products.

# 2,807 hospitalized EVALI cases (68 deaths)

# Juul Reaches \$462 Million Settlement With New York, California and Other States

The case ends major litigation over claims about the marketing of e-cigarettes to adolescents, resolving thousands of lawsuits and amounting to billions of dollars in payouts to states, cities and people.

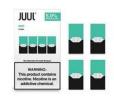


A 2016 Juul ad. Many states, schools, parents and public health experts accused the company of marketing practices that wooed minors into vaping and becoming addicted to nicotine. via Stanford Medicine

# **#I DISPOSABLE FLAVORED VAPES**

# **NOT ALLOWED:**







# ALLOWED:





# **#2 "TOBACCO-FREE" NICOTINE PRODUCTS**













\*Available online only

# **#3 ZERO NICOTINE PRODUCTS**





\$11.99

\$13.99



Shop

About

Wholesale

Authenticate

#### 유 Q ô

25% off with code: ZERO25

8000 Puffs | 15 Flavors | Mesh Coil | Rechargeable

ZERO

PLUS ZERO

1000 PUFFS



**ULTRA ZERO** 

8000 PUFFS



**APPAREL** 

COLLECTION



Puff Ultra Zero

Ultra ZERO Aloe Grape \$24.99



Puff Plus Zero

Plus ZERO Aloe Mango Berry
\$12.99



Puff Ultra Zero
Ultra ZERO Apple Cucumber Mint
\$24.99

# PERFECT STORM FOR ADDICTION (NEW CUSTOMERS \$\$)

### **FLAVORS**

Thousands of flavor combinations.

## **SYNTHETIC NICOTINE**

Industry muddying the waters. Nicotine, regardless of it's source has addictive properties.

ADDICTION HAPPENS

QUICKLY

Days not months. Especially in developing brains.



regulation. Disposables often cheaper or heavily discounted.

# NICOTINE CONCENTRATION

5% nicotine by weight (50 mg/mL), higher than the standard cigarette (10-12 mg)









U.S. Sales of ecigarettes with greater than 5% nicotine increased to 81% in 2022 More than 90% of disposable e-cigarettes sold contained the highest levels of nicotine

Nearly half (46%) of high schoolers who vape do so near daily

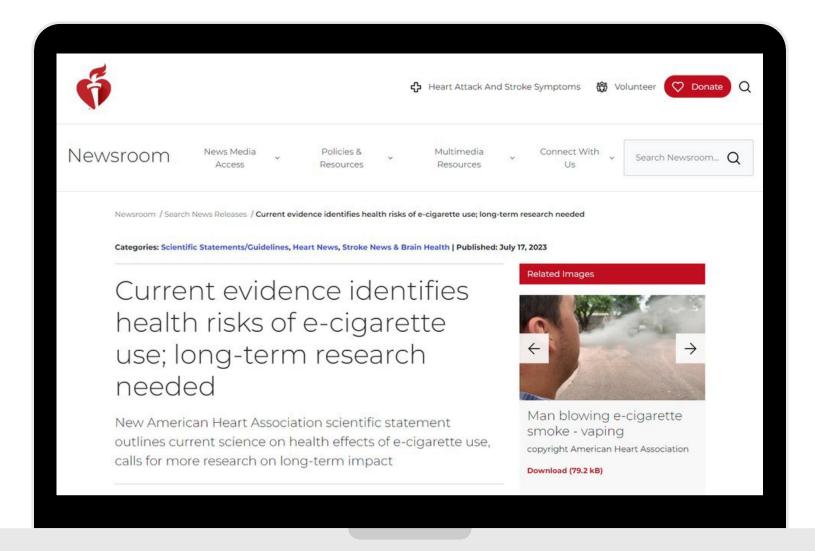
## TOBACCO/VAPING INCIDENTS RISE DRAMATICALLY

Florida schools annual reported incidents | Data from SafeSchoolsforAlex.com via FL DOE





# **NEW REPORT BY AHA -- JULY 17, 2023**



# TOBACCO-FREE SCHOOLS POLICY CASE STUDY

# **Hurley School District**



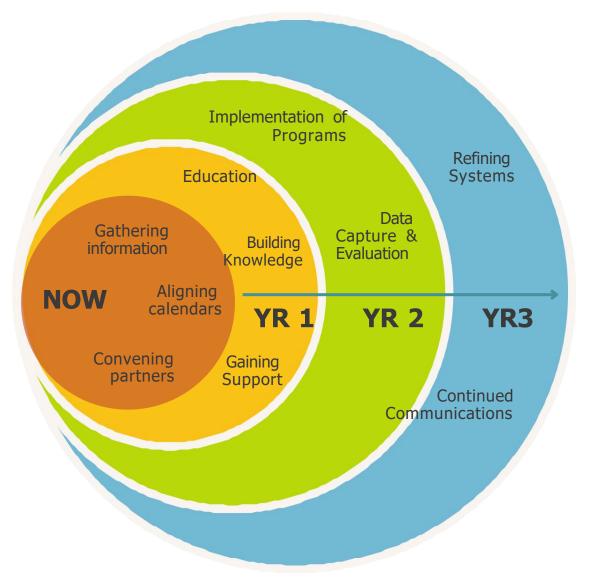






# **3 Year Process**





DECREASED BURDEN OF VAPING ON DISTRICT

# **Commercial Tobacco Prevention Audit: May 2023**



Between 2021-2023 SY, 17 vaping infractions, 13 students. Additionally in that time frame, 4 students were caught vaping THC, all in March of 2023. No YRBS Data on currently vape, ever tried, quit attempts. Iron County Health Department has committed public health nurses as additional supports for the district.

No connection yet with a pediatrician or NorthLakes on openess to working with the district on getting students prescriptions for NRT.

Main contacts include:

 Kevin Genisot, District Admin; Sarah Eder, School Counselor; Melissa Oja, HS Principal; Mr. Lombardo, Elementary Principal



Melissa Geach, Public Health Officer; Dan Mueller, Public Health Nurse



Charmaine Swan, Specialist, Advocacy & Public Policy, ALA



POLICY & HANDBOOK



PREVENTION CURRICULUM



ALTERNATIVE TO SUSPENSION



**TREATMENT** 



#### **DISTRICT**

Hurley School District is a NEOLA school and have po5512 -- USE OF TOBACCO AND NICOTINE BY STUDENTS last revised on April 24, 2023.

Handbook currently does not reflect alternative to suspension or treatment options.

## 4

#### **ELEMENTARY**

Students in 5th grade participate in the Catch My Breath (Evidence based vaping prevention program).

**Too Good for Drugs** (The Mendez Foundation) 4th-5th grade

#### **MIDDLE SCHOOL**

The Truth About Drugs Curriculum (Has been used with 6th grade)



#### **INDEPTH**

The school counselor was recently trained through the American Lung Association to administer INDEPTH as an alternative to suspension.

Referrals made to Law
Enforcement for tickets.

DHS target based mentoring



#### N-O-T

Not-On-Tobacco (American Lung Association)

School counselor recently trained. Can be provided 1:1 or in small groups.

\*\*Working on relationship with local providers to refer students to who seek prescription NRT.

## **Community Activities**

#### **Listening Sessions**

Host in-person or virtual listening sessions for community members.

Athletic Code/Parent-Teacher Night Presentations (prerecorded video)

Pre-recorded videos, under 20 minutes, aimed at athletic code readings or parents.

# Community Nights PTO/PTA

Available for in-person or virtual education events.

#### **School Board Presentations**

Presentations and discussion with school board members around the issue and the case for Alternative to Suspension & Treatment. In-person or virtual.

**VAPING &** 

**E-CIGARETTE** 

**USE AT** 

**SCHOOLS** 

### **School Activities**

#### Policy & Handbook

Best practice policy & Handbook language recommendations.

#### **Staff Training**

In-person or virtual training with staff on basics and emerging trends for e-cigarettes.

#### **Advisory Videos**

Short videos on the role of targeted marketing by big tobacco aimed at middle school and HS.

# Alternative to Suspension/Treatment TA

Technical Assistance and limited funding for training and implementation of programs like INDEPTH and N-O-T.

## **SY23-24 Recommendations Timeline**



The suggestions below are a start of a conversation with the district and can be changed, modified or adjusted to suit the needs of each community.

#### Handbook Update 🍎



Consider adjusting handbook language to reflect Alternative to Suspension as an option

#### School Board Presentation 🚳



Presentation to School Board on the WHY behind changes with plan

#### Community Listening or Education Sessions 🚳



Consider partnering with PTO, Public Health & the Alliance for community outreach with emphasis on treatment options

## Planning for







Planning for upcoming school year begins

#### Summer

August/Sept

#### Oct/Nov

Jan-Feb

Spring

#### Staff training 🍎 🙆



In-person or virtual staff training on ENDS, emerging trends and new handbook procedures re: Alt to Suspension/Treatment

#### **Evaluate Program or Curriculum Changes**

Any curriculum or program changes should be continuously evaluated; 6 month evaluation of community needs and partnership









INDEPTH/N-O-T implementation



🔼 Alliance

1:1 or group offerings 🍎 👘





# **SY23-24 Activities Calendar: SUMMER 2023**







• Public Health

DATE	ACTIVITY	LOCATION	LEAD	COMPLETED
June TBD	Mrs. Oja, Mr. Lombardo, Mrs. Eder, Charmaine meet about Handbook language & student prevention needs	Virtual	SE	X
June TBD	Charmaine meet with Melissa Geach/Public Health re: collaborative efforts on community education and outreach events	Virtual	CS	X
July TBD	Joint partners meeting with PD, Sheriff, School District, Public Health & Alliance on Alternative to Citation/PUP	In-Person	KG	Х
August 21, 5:30pm	School Board meeting presentation, topics to include: Alternative to Suspension best practice, project partners and calendar of activities for the year	In-Person	KG, CS	X
Summer TBD	Confirm who will be tracking data points, on what schedule & for what purpose; meeting schedule; also need to get additional public health nurse trained in INDEPTH	NA	ALL	X

# **SY23-24 Activities Calendar: AUGUST/SEPTEMBER 2023**







• Public Health

DATE	ACTIVITY	LOCATION	LEADS	COMPLETED
TBD	In-service recording for staff on e-cigarettes; could also consider separate training to cover handbook updates and INDEPTH/N-O-T as programs/resources	Virtual, pre-recorded	CS, MO, SE	X
August 2023	Flowchart on how to manage vaping infractions at school	NA	МО	Х
TBD	Bulletin Boards with topics	MS/HS	MO, KL	X

# **SY23-24 Activities Calendar: OCTOBER/NOVEMBER 2023**









DATE	ACTIVITY	LOCATION	LEADS	COMPLETED
10/2	School, Health Dept and Alliance meet to coordinate and begin tracking social media efforts	Virtual	MO, SE, CS, MG	Х
10/16	Staff In-service - plan to re-visit flowchart, if/thens with staff, also talk about upcoming advisory	MS/HS	MO	Х
11/8 3:30- 5:30pm	Parent teacher night collaboration	MS/HS School	MO, CS, MG	
TBD	Advisory or additional education with students https://vimeo.com/808849606?share=copy	Virtual, pre-recorded	CS, MO, SE	
Month long	Curriculum to students: Natural High (9th/11th), Too Good for Drugs workbook (4th/5th) CATCH Your Breath	In-person	SE	Х
TBD	Student survey for baseline data	In-person/link	KG, MO, Mr. L	

August,

Oct/Nov

Jan-Feb

/larch/April

May/June

# **SY23-24 Activities Calendar: JANUARY/FEBRUARY 2024**

School District

Alliance



• Public Health

DATE ACTIVITY LOCATION LEADS COMPLETED

TBD

Evaluation meeting, look at data mid-way through the year, course correct as necessary

# **SY23-24 Activities Calendar: MARCH/APRIL 2024**

School District





• Public Health

MARCH Start planning conversation on what might need to change for TBD

TBD

LOCATION

LEADS

COMPLETED

TBD

# **SY23-24 Activities Calendar:** MAY/JUNE 2024

School District





• Public Health

DATE ACTIVITY LOCATION LEADS COMPLETED

MAY TBD

Planning wrap up into summer

# **#I TALK TO YOUR KIDS...and LISTEN**









www.lung.org/quit-smoking/helping-teens-quit/talkabout-vaping/vaping-facts



# **#2 LEARN ABOUT THE PRODUCTS & TREATMENT RESOURCES**



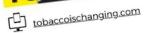
# Community Education/Resources for Parents & Caregivers

There's no way of sugar coating how addictive vaping is once a young person starts. It's important to talk to your child about vaping and understand the risks and warning signs.











truthinitiative.org/our-top-issues/vaping-issue



Essentia Health Don't Blow It: Anti-Vaping



essentiahealth.org/services/tobacco-cessation/dont-blow-it-anti-vaping-campaign







# **#3 TALK TO YOUR HEALTHCARE PROVIDER**



# Nicotine Replacement Therapy and Adolescent Patients: Information for Pediatricians

Nicotine Replacement Therapy (NRT) can be an important tool for treating nicotine dependence in youth. Many pediatricians are uncertain about how to use this medication with adolescents, especially those who are under 18 years old. This document is intended to help pediatricians make informed decisions about using NRT with patients who wish to quit smoking or vaping. What is Nicotine Replacement Therapy (NRT)?

- NRT is a medication that addresses nicotine withdrawal symptoms by providing a controlled amount of nicotine, thus helping reduce the urge to smoke or vape. NRT is safe and effective in helping adults quit tobacco use.
- NRT works best when paired with behavioral counseling interventions.<sup>3</sup>
- NRT comes in five forms, including gum, patch, lozenge, nasal spray, and inhaler.
- Three forms of NRT (gum, patch, lozenge) are available over-the-counter for adults 18+.



- At present, the US Food and Drug Administration (FDA) has not approved NRT for youth under 18 years old.
- Research on the effectiveness of NRT for helping youth quit successfully is limited due to a lack of adequately-powered studies. Overall efficacy findings have been mixed, with generally more modest outcomes than in comparable adult trials. There is no evidence of serious harm from using NRT in adolescents under 18 years old.14
- Given the effectiveness of NRT for adults and the severe harms of tobacco dependence. AAP policy recommends that pediatricians consider off-label NRT for youth who are moderately or severely addicted to nicotine and motivated to quit.5 Youth under 18 years old need a prescription from a healthcare provider to access all forms of NRT.
- Non-adherence and relapse after cessation of therapy is common, and close follow-up is recommended.

- NRT is safer than cigarettes, e-cigarettes, and other tobacco products because it delivers nicotine without the toxic NRT has low potential for misuse because the nicotine is absorbed slowly.

#### What are the contraindications to NRT use?

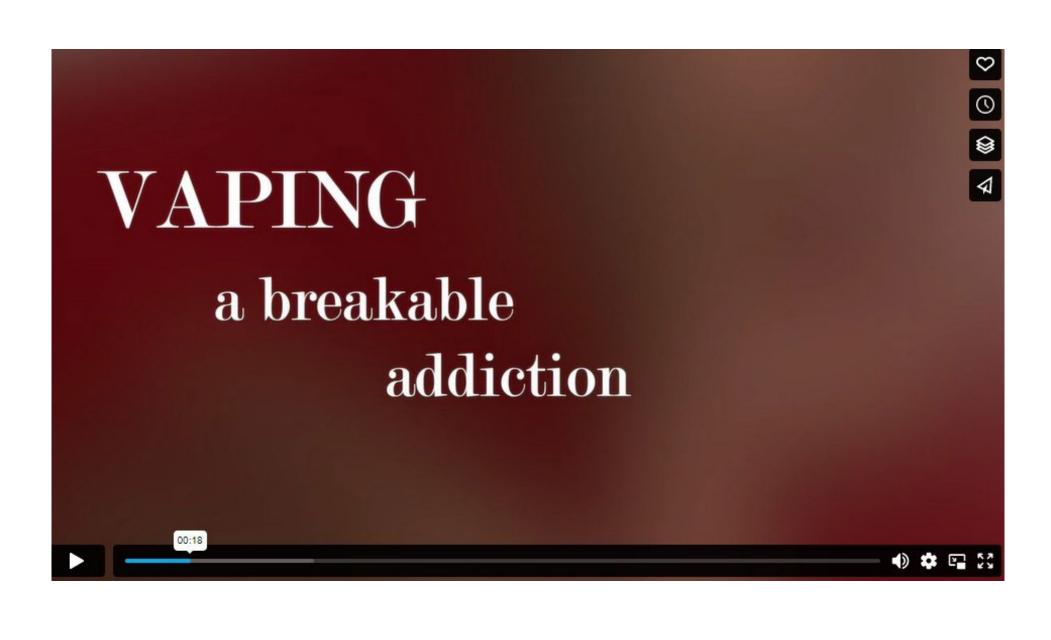
- The only contraindication to NRT use is hypersensitivity to nicotine or any component of the medication. In addition.
- Pediatricians should be aware of disease-related cautions when prescribing NRT, including cardiovascular disease, diabetes, and hyperthyroidism. However, it is important to note that these cautions are relative, not absolute: NRT is safer
- Pediatricians should review full clinical drug information in a professional prescribing reference to address individual concerns about prescribing. The decision to prescribe a drug is the responsibility of the medical provider, who must weigh

#### What does an NRT treatment plan look like?

- Pediatricians and other health care providers should inform patients of the benefits and drawbacks of the five NRT medications, screen for relative contraindications, and instruct patients in how to use the product appropriately.
- The choice of NRT medication for an individual patient should be based on preference, availability, and the patient's
- For best results, patients should be advised to pair a long-acting form of NRT (eg. nicotine patch) with a shorter-acting form (eg. gum, lozenge, spray, or inhaler). This combination therapy allows the patient to keep a steady level of nicotine in their bloodstream throughout the day, while also responding to cravings. In addition, patients should be advised that NRT works best when paired with behavioral counseling interventions.
- The table below provides treatment information for nicotine gum, patch, and lozenge. All three products are available overthe-counter for adults and by prescription for youth under 18 years old. There is also a nicotine nasal spray and a nicotine inhaler, which are available by prescription only within the adult population and are used far less frequently.



Updated November 2019





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# VAPING PREVENTION & YOUTH





# **ABOUT US**

United Migrant Opportunity Services, Inc. (UMOS) houses the Wisconsin Hispanic/Latinx Tobacco Prevention Network (WHLTPN) which is funded by the State of Wisconsin Tobacco Prevention and Control Program.

This network serves as a public health advocate for the Hispanic/LatinX community by addressing health equity and inequity of tobacco-related issues.

#### **FACT**

A YOUTH-DRIVEN MOVEMENT OF WISCONSIN TEENS SPREADING THE TRUTH ABOUT TOBACCO SINCE 2001.









# MEET WITH LOCAL & STATE LEADERS





- ENCOURAGE THE YOUTH TO SELECT A SPECIFIC FOCUS TOPIC
- SHARE THE RESULTS OF A RETAIL ASSESSMENT OR A CIGARETTE BUTT CLEANUP

- INVITING THE STATE/LOCAL LEADER TO ACCOMPANY THE YOUTH DURING A RETAIL ASSESSMENT, CIGARETTE BUTT CLEANUP OR OTHER FACTIVISM
- SHARE THEIR PERSONAL STORIES

- INVITING THE STATE/LOCAL LEADER TO SHARE ANY PERSONAL CONNECTION TO TOBACCO USE THAT THEY MAY HAVE
- PLANNING A DISCUSSION AROUND A TIMELY TOPIC THAT THE YOUTH HAVE SELECTED



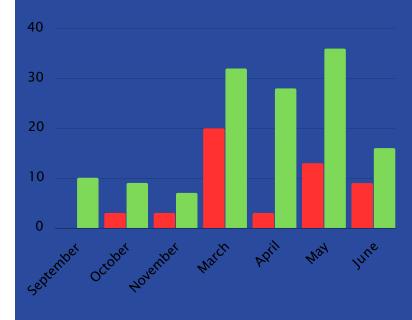
#### What it is:

WI WINS IS A STATEWIDE CAMPAIGN THAT USES A SCIENCE-BASED STRATEGY TO DECREASE YOUTH ACCESS TO TOBACCO PRODUCTS AND HELP RETAILERS AVOID FINES.

YTD (2022-2023): 189 COMPLIANCE CHECKS COMPLETED 51 RETAILERS SOLD TO YOUTH 27% OF RETAILERS SOLD

WE STARTED OUR ROUNDS FOR 2023-2024 OCTOBER 13TH. WE HAD 4 OUT OF 31 RETAILERS SELL. WE WILL BE CONDUCTING 4 MORE ROUNDS.

#### Results:







# SENATOR TIM CARPENTER

Rode along with us during compliance checks on retailers



# OFFICER PENNY MONREAL

Police officer who comes along for all compliance checks

## Targeting

- 1 APPEALING FLAVORS
- 2 MISLEADING HEALTH CLAIMS
- 3 SOCIAL MEDIA BUZZ
- 4 VENDING MACHINES-EASY ACCESS
- 5 CELEBRITY ENDORSEMENTS
- 6 SPONSORING MUSIC EVENTS
- COLORFUL ICONS/PACKAGING











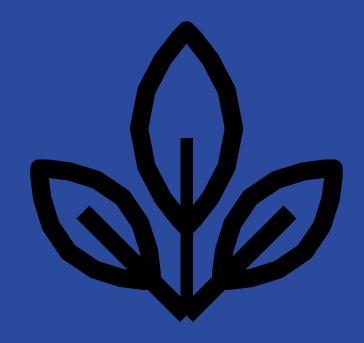






# LOCAL POLICIES

- Milwaukee council members move toward 6-month moratorium on new vape shops
- Zoning regulations for tobacco or e-cigarette retailers



# 6-MONTH MORATORIUM



MILWAUKEE COUNTY

#### Milwaukee council members move toward 6-month moratorium on new vape shops



Milwaukee Journal Sentinel

Published 2:42 p.m. CT Jan. 31, 2023







Despite a lengthy debate and many legal questions, a Milwaukee Common Council committee on Tuesday threw its support behind a proposal that would put a sixmonth ban on all new businesses that sell vaping devices.

The proposal - sponsored by Alds. Jonathan Brostoff, Marina Dimitrijevic and Mark Borkowski – calls for a pause on the distribution of occupancy permits to any establishments that sell "electronic cigarettes or electronic cigarette paraphernalia."

"We're facing, with the proliferation of these vape shops, a threat to our health, safety and welfare as a city and we don't have the tools in place to properly address that," Brostoff said after the vote. "That's what this legislation is about."

The City Council's five-member Zoning, Development and Neighborhoods Committee - which includes Dimitrijevic, and Alds. Michael Murphy, Robert Bauman, Scott Spiker and Russell Stamper – pushed the proposal through with most members expressing support for the core idea of trying to find a path to regulating when and where vapes can be sold in the city, with a particular focus on how the companies that make them market to young people and communities of



ZONING ORDINANCE



#### Milwaukee to ban vape and smoke shops from opening near schools

The ordinance prohibits new vape and smoke shops from opening within 500 feet of an existing similar shop and prevents them from opening within 1,000 feet of a school.



### **TESTIMONIALS**



#### **CONTACT US**

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https://www.instagram.com/whltpn/igshid=OGQ5ZDc2ODk2Z A%3D%3D&utm\_source=qr

https://www.facebook.com/people/Whltpn/100087944834120/?mibextid=LQQJ4d



# Questions?

