

Cancer Survivorship Resources

The Wisconsin Cancer Collaborative has compiled various survivorship resources aimed at helping health care providers and community partners looking to incorporate cancer survivorship more into their work.

Primary Care

- [GW Cancer Institute Survivorship E-Learning Series](#) - Free continuing education e-learning series on cancer survivorship for primary care providers.
- [CDC Provider Advice for Addressing Obesity and General Wellness](#) - Addressing obesity in cancer survivors and other general wellness recommendations. Lists topics surrounding general wellness that a provider can address with a given survivor.
- [CDC Provider Advice for Addressing Survivor Tobacco Use](#) - Addressing tobacco use in cancer survivors and discussing cessation and effects on health and possible future cancers. Provides links to other smoking cessation resources and fact sheets about the relationship between certain cancers and smoking.
- [CDC Survivor Mental Health Education](#) - Education module for providers looking to learn how to recognize and foster conversation concerning the mental health of a survivor.
- [ACS Health Professional Survivorship App](#) - App made for healthcare professionals to access ACS survivorship care information and guidelines at the point-of-care.
- [NCCS Toolbox for Providers](#) - Selection of resources for providers looking to facilitate dialogue with a survivor and plan patient care.
- [ASCO Guide Survivorship Care in Practice](#) - Provides keys for quality survivorship care, how to measure care, building a survivorship care plan, and advice for providers transitioning patient care.
- [Children's Oncology Group Resources for Pediatric Providers](#) - Selection of resources specifically tuned to issues childhood cancer survivors may need care for.
- [Let's Talk: Nutrition, Physical Activity, and Cancer Survivorship Training](#) - CME-accredited training simulation for primary care providers from the CDC/ACS. Education module for providers looking to sensitively discuss topics such as body weight, exercise and diet with cancer survivors.
- [Nutrition, Physical Activity, Body Weight, and Cancer Survivorship](#)

This informative, six-part series is appropriate for primary care & oncology healthcare providers working with cancer survivors.

Cancer Centers Building Survivorship Care

- [GWU Toolkit for Building Survivorship Care](#) - Provides recommendations of clinical guidelines as well as advice for individual providers, patient navigators, or any other health professional involved in survivorship care.
- [American Society of Clinical Oncology Survivorship Care Planning Tools](#) - Template involves treatment summaries and plans for continued care.
- [American Society of Clinical Oncology Treatment and Survivorship Care Plans](#) - Access to both ASCO survivorship care plans and cancer treatment plans generalizable to all cancers, as well as specific formats for lymphoma and lung, breast, prostate, and colorectal cancers. Treatment plan can be completed by the oncology team, summarizing cancer treatment and follow-up care. Survivorship plan speaks to future check ups and needs of the patient to maintain good health going forward.
- [ASCO Guide Survivorship Care in Practice](#) - Provides keys for quality survivorship care, how to measure care, building a survivorship care plan, and advice for providers transitioning patient care.
- [OncoLife Survivorship Care Plan](#) - Example of survivorship care plan to be completed by a provider, or by a patient with help from their oncology team. PCPs could then use such a plan to maintain the wishes and practices of the patient and their oncology team.
- [OncoLife Example](#) - Example of an Oncolife Plan based on questionnaire responses.
- [ACS and GW Cancer Institute Survivorship Resources](#) - Resource page made by a collaborative team of the ACS and the George Washington University Cancer Institute. Provides information on what they have been doing to advance research and use of survivorship care plans.
- [George Washington Cancer Center Survivorship Care Toolkit](#) - Aid for training health-care professionals to improve patient-centered survivorship care in their facility, state, tribe, or area.
- [CoC Standard for Survivorship Care Plan](#) - Standards for CoC-accredited centers and their survivorship care
- [National Coalition of Cancer Survivorship \(NCCS\) Cancer Survivorship Survey 2019](#) - The National Coalition for Cancer Survivorship (NCCS) conducted an online survey to understand cancer survivorship experiences and needs across a range of cancer patients. Findings are summarized in this report.

Cancer Centers Building Survivorship Care

- [GWU Guide for Patient Navigators](#) - A Supplement to the Oncology Patient Navigator Training: The Fundamentals - Free competency-based training providing education, resources and tools for patient navigators.
- [GWU-Spanish Guide for Patient Navigators](#) - A Supplement to the Oncology Patient Navigator Training: The Fundamentals - A free competency-based training providing education, resources and tools for patient navigators for Spanish speakers.

Community Partners

- [YMCA Survivor Exercise Program](#) - Free or Low-cost exercise program for cancer survivors at various YMCAs.
- [ACS Resource Sheet for Policy Change and Survivorship Advocacy](#) - Resource for community members and advocacy groups describing the issues for cancer survivors and areas to improve the practice.
- [GW Cancer Center National Cancer Survivors Day Social Media Toolkit](#) - Advice for social media strategy to publicize June 3rd as National Cancer Survivor Day.
- [GW Cancer Center Social Media Survivorship Guide](#) - Guide for spreading the word on resources related to cancer survivorship care on social media.

- [A New Direction](#)

A New Direction is designed to assist youth and young adult cancer survivors regain their health and well-being before, during and after cancer treatments. This FREE 24-session physical activity program will provide youth and young adults the opportunity to regain their health and well-being. Participants meet with a certified instructor in an one-on-one environment that is safe and comfortable. This program is only offered in La Crosse currently.