Cancer Survivorship Resources

The Wisconsin Cancer Collaborative has compiled various survivorship resources aimed at helping health care providers and community partners looking to add or further incorporate cancer survivorship into their work.

Primary Care

General Resources

- ACS Health Professional Survivorship App App made for healthcare professionals to access ACS survivorship care information and guidelines at the point-of-care.
- ASCO Guide Survivorship Care in Practice Provides keys for quality survivorship
 care, how to measure care, building a survivorship care plan, and advice for providers
 transitioning patient care.
- CDC Provider Advice for Addressing Obesity and General Wellness Addressing
 obesity in cancer survivors and other general wellness recommendations. Lists topics
 surrounding general wellness that a provider can address with a given survivor.
- CDC Provider Advice for Addressing Survivor Tobacco Use Addressing tobacco use
 in cancer survivors and discussing cessation and effects on health and possible future
 cancers. Provides links to other smoking cessation resources and fact sheets about the
 relationship between certain cancers and smoking.
- Children's Oncology Group Resources for Pediatric Providers Selection of resources specifically tuned to issues childhood cancer survivors may need care for.
- NCCS Toolbox for Providers Selection of resources for providers looking to facilitate dialogue with a survivor and plan patient care.

Trainings

- CDC Survivor Mental Health Education Education module for providers looking to learn how to recognize and foster conversation concerning the mental health of a survivor.
- <u>GW Cancer Institute Survivorship E-Learning Series</u> Free continuing education elearning series on cancer survivorship for primary care providers.

- Let's Talk: Nutrition, Physical Activity, and Cancer Survivors CME accredited training simulation for primary care providers from the CDC/ACS. Education module for providers looking to sensitively discuss topics such as body weight, exercise, and diet with cancer survivors.
- Nutrition, Physical Activity, Body Weight, and Cancer Survivorship This
 informative, six-part series is appropriate for primary care and oncology healthcare
 providers working with cancer survivors.

Cancer Centers Building Survivorship Care

Survivorship Care Plans

- American Society of Clinical Oncology Survivorship Care Planning Tools Template involves treatment summaries and plans for continued care.
- American Society of Clinical Oncology Treatment and Survivorship Care Plans Access to both ASCO survivorship care plans and cancer treatment plans
 generalizable to all cancers, as well as specific formats for lymphoma and lung,
 breast, prostate, and colorectal cancers. Treatment plan can be completed by the
 oncology team, summarizing cancer treatment and follow-up care. Survivorship plan speaks
 to future checkups and needs of the patient to maintain good health going forward.
- OncoLife Survivorship Care Plan Example of survivorship care plan to be completed by a provider, or by a patient with help from their oncology team. PCPs could then use such a plan to maintain the wishes and practices of the patient and their oncology team.

Toolkits

- ASCO Guide Survivorship Care in Practice Provides keys for quality survivorship
 care, how to measure care, building a survivorship care plan, and advice for providers
 transitioning patient care.
- George Washington University Cancer Center Survivorship Care Toolkit Aid for training health- care professionals to improve patient-centered survivorship care in their facility, state, tribe, or area.

Additional Resources

- ACS and GWU Cancer Institute Survivorship Resources Resource page made by a collaborative team of the ACS and the George Washington University Cancer Institute. Provides information on what they have been doing to advance research and use of survivorship care plans.
- The current status of survivorship care provision at the state level: a Wisconsin-based assessment The Wisconsin Cancer Collaborative's Assessment of survivorship care services in Wisconsin's cancer facilities.
- Welcoming Spaces: Treating Your LGBTQ+ Patients A free LGBTQ+ Cultural
 Humility training designed for anyone who works in health care and specifically for
 clinicians treating gynecologic cancer in transgender and gender non-conforming
 patients and their staffs.
- The Oncofertility Consortium This international, interdisciplinary initiative is designed to explore the reproductive future of cancer survivors and provides various resources.

Community Partners

Local Partners

- A New Direction This brochure contains information on a program designed to help youth and young adult cancer survivors regain their health and well-being before, during and after cancer treatments. This program in only offered in La Crosse currently.
- <u>Cancer Recovery & Fitness Program</u> Free personalized fitness program for cancer survivors at University of Wisconsin Eau Claire.
- <u>Chix 4 a Cause</u> An organization in southeastern Wisconsin that provides "gifts of love" as ways to provide financial and emotional support to people battling cancer.
- <u>Gilda's Club Madison</u> Referral flyer for free psychosocial support for the entire family both in person and virtually.
- Greater Richland Area Cancer Elimination, Inc. (G.R.A.C.E.) Organization in Richland County area that helps assist cancer patients with their needs.
- **Joshua's Camp** Camp in Altoona, Wisconsin for families who have a child being treated for cancer.

- No Stomach For Cancer Headquartered in Madison Wisconsin and serving families around the globe, this organization helps raise awareness, advance stomach cancer education and support individuals and families affected by all forms of stomach cancer.
- Rock County Cancer Coalition Coalition based in Rock County, Wisconsin that provides financial assistance to people in treatment.
- <u>Team Phoenix</u> A 14-week fitness and research program in which cancer survivors regain endurance, strength, flexibility, and overall health and wellness after cancer treatment by training for a sprint-distance triathlon.
- <u>Tricia's Troops</u> A nonprofit organization that provides financial assistance, service coordination and supportive care to cancer patients throughout Southeast Wisconsin.

National Partners

- <u>After Breast Cancer Diagnosis</u> ABCD provides one-to-one emotional support to anyone impacted by a breast cancer diagnosis. Services are available to anyone in the world.
- <u>American Cancer Society</u> National organization that provides advocacy, research and patient support for people with cancer and their families. This section provides information about health management for cancer survivors.
- American Cancer Society Cancer Action Network

 National network of volunteers seeking to impact policy change from their elected officials.
- American Childhood Cancer Organization National organization focused on community support, information and advocacy regarding childhood and adolescent cancer.
- <u>American Indian Cancer Foundation</u> A national organization that addresses the needs of Native cancer survivors, caregivers, and their families.
- <u>American Lung Association</u> National organization, with a Wisconsin chapter, that has an online support community for lung cancer survivors, and other information regarding lung health.
- <u>Bright Spot Network</u> National organization that serves families where a parent, or primary caregiver, of a preschool-age kid (ages 0-6 or pregnant at the time of diagnosis) has cancer from diagnosis to survivorship.
- <u>Breast Cancer Recovery</u> Organization based in Madison, Wisconsin that offers retreats to women at all stages of breast cancer.
- <u>Cervivor</u> National nonprofit organization that brings cervical cancer survivors together and helps to spread awareness, education, support and more.

- Leukemia & Lymphoma Society National organization dedicated to funding blood cancer research and providing education and patient services.
- <u>Lung Cancer Research Foundation</u> National organization with support line and support materials for lung cancer patients and their caregivers.
- National LGBT Cancer Network A national organization that provides education, training, support, and advocating for LGBT cancer survivors.
- <u>Susan G. Komen</u> National organization that provides a treatment assistance program and information for people diagnosed with breast cancer, including survivorship topics.
- <u>Triage Cancer</u> National organization providing free education on practical and legal issues that arise after a cancer diagnosis.
- Young Survival Coalition Global organization dedicated to young women diagnosed with breast cancer.
- YMCA Survivor Exercise Program Free or Low-cost exercise program for cancer survivors at various YMCAs.

Additional Resources

- ACS Resource Sheet for Policy Change and Survivorship Advocacy Resource for community members and advocacy groups describing the issues for cancer survivors and areas to improve the practice.
- <u>GWU Cancer Center National Cancer Survivors Day Social Media Toolkit</u> Advice for social media strategy to publicize June 3rd as National Cancer Survivor Day.